



# North Valley Occupational Center

### Mission Statement

North Valley Occupational Center offers educational and training opportunities that provide a diverse population of students with skills to participate more effectively in the family, at work and in the community.

## WEEKLY NEWSLETTER



### Principal's Message



This week we had two special guests visit our campus, our Executive Director, Joseph Stark and Dr. Frances Gibson, Chief Academic Officer, who has adult education as one of her supervision areas, and our Division Administrator and former Principal, Rosario Galvan. She visited both West Valley and North Valley campuses to see all the excellent programs, teachers and students we have in adult education. At our main campus she visited our I.I. Lab, Math Lab, Reading 2/3 class, Automotive classes, Machinist and Graphic Design. All the visitors were very impressed with our programs and our school. It is great when we have an opportunity to showcase what we offer!

Ellen Baker, Principal

### Calendar of Events/Important Dates

- Tuesday, November 1 — EVSC Student Council Meeting, Room 218, 9:30-9:45am
- Tuesday, November 1 — EVSC Halloween/Day of the Dead Celebration, 10:00-11:00am
- Wednesday, November 2 — EVSC Student Council Meeting, Room 209, 7:00-7:15pm
- Wednesday, November 2 — EVSC Halloween/Day of the Dead Celebration, 7:30-8:30pm
- Thursday, November 3 — EVSC HiSet Registration, 5:00-6:00pm
- November 21-25 — Thanksgiving Break

### Open Classes!

#### North Hollywood Adult Learning Center

All I.I. Labs and ESL classes

#### Rinaldi Adult Center

Computer Operation - M - F 8:00 to 10:00am and 10:15am to 12:15pm

Reading 2/3 - M-F 8:00 to 10:00am

Reading 1 - M-F 10:15am to 12:15pm

ESL Conversation (Inter Low - Adv)

Tuesdays 12:45 - 2:45pm

ESL Pronunciation (All levels)

Wednesdays 12:45 - 2:45pm

ESL - 8:00 to 10:00am and 10:15 to 12:15pm

(Int. Low, Int. High A, Int. High B, Adv. Low)

#### East Valley Skills Center

Computer Operation

Several ABE and ASE sections, AIS

#### NVOC

Business Math - M - F 8:00 to 10:00am

Keyboarding - M - F 10:15am to 12:15pm

Computer Operation - M - F 8:00 to 10:00am

and 10:15am to 12:15pm

Engine Repair - M - F 8:00am to 12:15pm

Graphic Design - M - Th 6:15 to 9:00pm

### CASAS/WIOA

#### ABE Reading and Math Teachers:

CASAS tests are currently being scanned. Tests results will be delivered as soon as they become available. Please continue to pretest any new students.

#### ESL Teachers:

CASAS and EL Civics test summaries are being delivered this week. Some students may be missing a CASAS pretest. Please follow instructions from the memorandum attached to your class test summary.

**CASAS and EL Civics support materials can be found on Quizlet.com and by going to our official link below.**

<http://www.wioalasd.com/elcivics>

#### II Labs Teachers:

CASAS tests are currently being scanned. Tests results will be delivered as soon as they become available. Please continue to pretest any new students.

#### In other news:

New state and federal WIOA guidelines,

which became effective July 1st, 2016, allow students to earn only one payment point when they make a significant gain and complete a level between a pretest and a posttest. The second payment point will not be allocated when students advance a level. As a result, the division will not be receiving a considerable amount of funds. In order to mitigate the financial negative impact, the ESL program will be heavily involved in preparing students to participate in the EL CIVICS program and administer additional assessments to measure learning. These additional assessments could produce enough funds to maintain and even exceed the funding we receive from the Federal government.

Please direct your concerns and questions to the WIOA/CASAS team.

NVOC Room 104

818-365-9645 Extension 381

Gustavo Cubias - [gac84281@lausd.net](mailto:gac84281@lausd.net) (NVOC)

Javier Flores - [ffj8560@lausd.net](mailto:ffj8560@lausd.net) (NVOC)

Maura Sakhakorn-[maura.sakhakorn@lausd.net](mailto:maura.sakhakorn@lausd.net) (Rinaldi and Whipple)

### STUDENT LEARNING OUTCOMES (SLOs)

- Develop effective reading, writing, listening and speaking skills
- Utilize current technology and/or resources to enhance subject area learning
- Demonstrate problem solving skills through individual and collaborative work
- Set and complete short and long term goals

**ESL Activities/Websites**

Here's a fun way for students to learn the days of the week! It's a song to the tune of the Addams Family. Students can either snap their fingers or claps their hands. If your computer is connected to a projector, students can read the words while they sing (you will need audio). This is my favorite!

<https://www.youtube.com/watch?v=yIvQOab00OQ>

This website has short stories to practice reading comprehension. It includes a quiz and writing activity (advanced levels) at the end of each story. It also has verb tenses, phonics, pronunciation of -ed, run-on sentences, and so much more! And the best thing is you're allowed to make copies for classroom use! Check it out!

[www.englishforeveryone.org/](http://www.englishforeveryone.org/)

Chrystal Mendez  
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**Famous People with Spina Bifida**

Spina bifida is a developmental birth defect involving the neural tube--incomplete closure of the embryonic neural tube results in an incompletely formed spinal cord.

The lumbar nerves control the muscles in the hip, leg, knee and foot, and help to keep the body erect.



**John Cougar Mellencamp** - American rock singer-songwriter. He formed his first band at the age of 14.



**Frida Kahlo** - Mexican painter. Kahlo contracted polio at age six, which left her right leg looking thinner. She also had spina bifida that affected both spinal and leg development.



**Hank Williams, Sr.** - He was born with a mild undiagnosed case of spina bifida occulta, a disorder of the spinal column.

**Mental Illness Awareness Month**

Each year millions of Americans face the reality of living with a mental health condition. Join in the campaign to shine light on mental illness and replace stigma with hope. Provide support, educate others and advocate for equal care.

A mental illness is a condition that affects a person's thinking, feeling or mood. Such conditions may affect someone's ability to relate to others and function each day. Each person will have different experiences, even people with the same diagnosis.

Recovery, including meaningful roles in social life, school and work, is possible, especially when you start recovery

**Mental Health Resources**

**Community Hotlines**

- NAMI Helpline (800) 950-NAMI (6264)
- Trevor Lifeline (866) 488-7386 (24 hours)
- Veterans Crisis Line (800) 273-8255 (Press 1)
- National Suicide Prevention Lifeline (800) 273-TALK (8255)



**Online Resources**

- [www.mentalhealth.gov](http://www.mentalhealth.gov)
- [www.crisischat.org/chat](http://www.crisischat.org/chat)
- [www.nami.org](http://www.nami.org)
- [www.eachmindmatters.org](http://www.eachmindmatters.org)
- [www.teenline.org](http://www.teenline.org)
- [www.thetrevorproject.org](http://www.thetrevorproject.org)

**Text and Chat Resources**

- Crisis Chat (11am-11pm, daily) -
- Teen Line - text "TEEN" to 839863
- Veterans Crisis Line - text to 838255
- TrevorText - text "TREVOR" to 1-202-304-1200

**Smartphone Apps**

- MY3
- Teen Line Youth Yellow Pages
- PTSD Coach



**SAVE the DATE**

**CCAЕ-LA Metropolitan Section  
Fall Awards Dinner Honoring  
Classified Employee Awards Recipients  
E. Manfred Evans Award Recipient  
Abram Friedman Award Recipient**

**November 18, 2016**

**Luminarias Restaurant**  
3500 Ramona Boulevard  
Monterey Park, CA 91754

**Payment by U.S. Mail to: Mariam Staitman**  
East Los Angeles Skills Center  
3921 Selig Place  
Los Angeles, CA 90031

Questions? Contact Sonya Ramirez at (310) 241-4801 or [sramir1@lausd.net](mailto:sramir1@lausd.net) or  
Juan Urdiales at (323) 276-7000 or [jurdiale@lausd.net](mailto:jurdiale@lausd.net)



# East Valley Skills Center's Halloween/Day of the Dead Celebration

Get in the Spirit!!!

- ☠ Students and Staff Decorate Their Classroom Doors
- ☠ Teachers, if you Share a Room, Pick One Side of the Door Only!
- ☠ All Classes that Participate will Receive Recognition by Category
- ☠ Apple Bobbing Contest for Students (Fastest Time for Prize)
- ☠ Costumes are Optional for Those Wanting to Show Spirit!

☠ Music Provided & Dancing



## Deadline to Celebrate:

9:45-10:45 a.m., November 1, 2016 for day program  
 7:30-8:30 p.m., November 2, 2016 for evening program  
 Event Sponsored by Your East Valley Student Council Members



NVOC's day and evening Student Council Halloween Parties.

Thank you to our Student Council Presidents and team for organizing another great event for our students!!


